

Activity Name
Mud Kitchen

suggested age group: 5-6, 7-8

type of activity:

- | | | |
|---------------------------------------|--|--|
| <input type="radio"/> art | <input type="radio"/> science | <input type="radio"/> P.E. & health |
| <input type="radio"/> world cultures | <input type="radio"/> mathematics | <input type="radio"/> social skills |
| <input type="radio"/> reading/writing | <input type="radio"/> practical life | <input type="radio"/> play |

materials needed:

pots & pans
measuring cups
utensils (or use sticks for stirring)
dirt
water
purchased mud kitchen OR a plastic bin and some tree stumps

setting the stage / picture book:

read Pop! The Invention of Bubble Gum by Meghan McCarthy

activity plan:

children will not need this activity explained to them!

if they want to set up a restaurant or store, you can have paper and crayons handy for making up signs or menus

if you're adding new materials to the mud kitchen, bring in one new thing each day

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follow up / notes:

more ideas of things to add to the mud kitchen!

water beads
biodegradable packing peanuts
Oobleck
ground flaxseed
colored water
herbs & spices
ice cubes
colorful dried pasta
googly eyes

another fun story to introduce Mud Kitchen play is Wombat Stew by Marcia Vaughan (animals of Australia)
<https://switzerite.blogspot.com/2018/06/p-june-1.html>

Wombat Stew ingredients

“feathers”	craft feathers
“flies”	paper dots punched from a hole punch
“slugs”	water beads
“creepy-crawlies”	Halloween confetti spiders
“gumnuts”	pebbles

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Colorful Dried Pasta for Sensory Play

MATERIALS:

- › Dried pasta
- › Food coloring
- › White vinegar
- › Measuring spoons
- › Zipper-top plastic bags (quart or gallon size)
- › Paper towels

PROCEDURE:

A day ahead of time, place a few cups of dried pasta in a plastic bag. Place 3-4 drops of food coloring and 1 tablespoon of white vinegar into the bag with the pasta. Close the bag and shake it until the pasta has absorbed the color. Remove pasta from the bag and place it on a paper towel to dry. Repeat for each color.